

# Your Prescription Benefit



Prepared for



## Dear John Q Sample:

Welcome to your prescription benefit program administered by Caremark Inc. Through dedication and thoughtful attention, you will see the Caremark commitment to your health and well-being. High quality specialty pharmaceutical services are provided to you with pride because at Caremark it all starts with care®.

This booklet contains details about your prescription program and the items you will need to begin using your retail and mail service benefits.

There are two components to your prescription benefit program:

- 1. **Retail** for short-term medicines
- 2. **Mail Service** for long-term medicines

When filling prescriptions for *short-term medicines*, such as antibiotics, it is important that you use a Caremark participating retail pharmacy. The Caremark Retail Program includes over 57,000 participating pharmacies nationwide, including more than 20,000 independent community pharmacies.

The Caremark Mail Service Program can be used to obtain your *long-term medicines* and is cost-effective. To ensure your safety and the accuracy of your prescriptions, Caremark follows stringent safety standards to help protect you from medicine interactions, allergic reactions, as well as incorrect dosages. There are hundreds of manual and automated safety checks in place to help you to receive the best pharmacy care.

Also included in your prescription benefit program is the Caremark Primary Drug List. A primary drug list is a list of preferred prescription medicines that have been chosen because of their clinical effectiveness, cost and safety. Please share the enclosed primary drug list with your doctor.

Be sure to read the following information carefully, and do not hesitate to call Caremark toll-free with any questions you may have at **1-866-240-4926** or visit www.caremark.com. On behalf of Montgomery County and Caremark, we are confident you will be pleased with your prescription benefit program.

Best regards,

Caremark Inc.

This is not a full explanation of your benefits.

## **Included In This Booklet You Will Find:**

- ✓ Prescription Benefit Program Overview
- ✓ How to Use Your Retail Program
- ✓ How to Use Your Mail Service Program
- ✓ Commonly Asked Questions
- ✓ Helpful Hints, Money Saving Tips, About Generics
- ✓ Prescription Drug Claim Form
- ✓ Mail Service Order Form
- ✓ Information About the Drug List
- ✓ The Drug List\*
- ✓ Caremark Specialty Pharmacy and Services Information
- ✓ Have More Questions?
- ✓ Your Prescription Benefit ID Cards<sup>†</sup>
  - \* Keep this booklet as a reference for Drug List medicines when you see a doctor.
  - † Please note that your ID Cards are attached to the back cover of this booklet

**Note:** In this booklet we talk about co-payment. Co-payment or co-pay means the amount a participant is required to pay for a prescription in accordance with a Plan, which may be a deductible, a percentage of the prescription price, a fixed amount or other charge, with the balance, if any, paid by a Plan.

Your privacy is important to us. All our employees are trained regarding the appropriate way to handle your private health information.

# Prescription Benefit Program Overview

Welcome to Your Prescription Benefit Program Administered by Caremark.

This program is effective January 1, 2005.

Your prescription benefit program enables you to obtain prescription medicines at a **retail pharmacy** or through a **Caremark Mail Service pharmacy**.

## AT-A-GLANCE

	RETAIL PROGRAM	MAIL SERVICE PROGRAM
WHEN TO USE IT	For immediate medicine needs or short-term medicines	For maintenance or long-term medicines
YOU PAY	<ul> <li>Please refer to the insert in the center of this booklet for specific benefit information.</li> </ul>	Please refer to the insert in the center of this booklet for specific benefit information.
CAREMARK CUSTOMER CARE	1-866-240-4926 or www.caremark.com	



# **How To Use Your Retail Program**

## **Using a Caremark Participating Retail Pharmacy**

- 1. Ask your doctor to write a prescription for up to a 34-day supply plus refills, when clinically appropriate.
- 2. Take your prescription to a Caremark participating retail pharmacy.
- 3. Present your Caremark ID card. (Please note: You must show your Caremark ID card prior to ordering a refill that was originally filled under your former prescription plan.)
- 4. Verify that the pharmacist has accurate information about you and your covered dependents, including date of birth, gender, and your nine-digit participant ID number.
- 5. Pay the appropriate co-payment.

The Caremark Retail Program includes over 57,000 participating pharmacies nationwide, and more than 20,000 independent community pharmacies. For a full listing, visit **www.caremark.com**.

## **Using a Non-Participating Retail Pharmacy**

In most cases, you will not need to use a pharmacy outside the Caremark network because there are over 57,000 participating pharmacies in the Caremark Retail Program. However, if you choose to go to a non-participating pharmacy, you will pay 100 percent of the prescription price. You will then need to submit the paper claim form included in this booklet, along with the original prescription receipt(s) to Caremark for reimbursement of covered expenses. In most cases this option will cost you more.

# **How To Use Your Mail Service Program**

The Caremark Mail Service Program provides a convenient and costeffective way for you to order up to a 102-day supply of maintenance or long-term medicine for direct delivery to your home, office or location of your choice. Follow this easy step-by-step ordering procedure.

- 1. For new maintenance medicines, ask your doctor to write two prescriptions:
  - one, for up to a 102-day\* supply plus refills, to be ordered through the mail service program
  - the other, to be filled immediately at a Caremark participating retail pharmacy for use until you receive your prescription order from the mail service program
  - \* Please Note: By law, Caremark must fill your prescription for the exact quantity of medicine prescribed by your doctor, up to the 102-day plan limit. "34 days plus two refills" does not equal one prescription written for "102 days."
- 2. Complete a mail service order form and send it to Caremark, along with your original prescription(s) and the appropriate payment for each prescription. Be sure to include your <u>original prescription</u>, not a photocopy.
  - While checks and money orders are accepted, the Caremark preferred method of payment is by credit card. For credit card payments, simply include your Visa®, Discover®, MasterCard®, or American Express® number and expiration date, in the space provided on the mail service order form.
  - You can expect to receive your prescription approximately 14 calendar days after Caremark receives your order.
  - You will receive a new mail service order form and pre-addressed envelope with each shipment.

## Mail Service Refills

Once you have processed a prescription through Caremark, you can obtain refills using the Internet, phone, or mail. Order your prescription **two or three weeks** in advance of your current prescription running out. Suggested refill dates will be included on the prescription label you receive from Caremark.

## 1. Internet



Visit www.caremark.com to order prescription refills or inquire about the status of your order. You will need to register on the site and log in.

## 2. Phone



Call Caremark toll-free at **1-866-240-4926** for the fully automated refill phone service.

## When you CALL or LOG IN, be ready to provide:

- Plan participant's ID number provided by your plan
- Plan participant's date of birth
- Your Visa®, Discover®, MasterCard®, or American Express® number with expiration date if your plan requires a co-payment

## B. Mail

Attach the refill label provided with your last prescription order to a mail service order form (included in this booklet). Enclose your payment with your order. While checks and money orders are accepted, the preferred method of payment is by credit card. For credit card payments, simply include your Visa®, Discover®, MasterCard®, or American Express® number and expiration date in the space provided on the mail service order form. Mail the order form to Caremark in the pre-addressed envelope included with your previous shipment.



# **Commonly Asked Questions**

- Q How long does it take for my prescription to arrive by mail?
- **A** You can expect to receive your prescription approximately 14 calendar days after Caremark receives your order.
- Q What if I need to take my maintenance medicine right away?
- Ask your doctor for two prescriptions, one for a 34-day supply and one for up to a 102-day supply. Have the 34-day supply filled immediately at a Caremark participating retail pharmacy and send the 102-day supply prescription to Caremark.
- Q How do I switch my prescription from a non-participating pharmacy to a Caremark participating retail pharmacy?
- A Contact a Caremark participating retail pharmacy and tell the pharmacist where your prescription is currently on file. The pharmacist will contact the pharmacy and make the transfer for you.
- Q How do I find out what brand name prescriptions are on the primary drug list?
- **A** You can obtain a primary drug list brochure by either accessing www.caremark.com or by contacting Caremark Customer Care toll-free at 1-866-240-4926.
- Q Can I receive additional ID cards?
- **A** Additional ID cards can be obtained by calling Caremark Customer Care toll-free at 1-866-240-4926.
- Q Why did I not receive a completely personalized set of ID cards?
- A To protect your security, your Social Security number is not printed on your prescription ID cards. However, your Social Security number will continue to be used as your participant ID. Please note, because the Social Security number is not shown on your ID card, you will need to make sure any pharmacies you use are aware of the nine-digit Social Security number for the primary subscriber (employee) when you or a family member fill a prescription.

# **Helpful Hints**

- Check to see if your doctor can prescribe a generic medicine or a medicine available on the drug list provided in this booklet.
- Check your prescription before leaving your doctor's office to make sure that the:
  - ✓ doctor's name and the plan participant's name are legible
  - ✓ doctor's phone number and address are on the prescription
  - ✓ exact daily dosage and strength are indicated
  - ✓ exact quantity with number of refills is indicated



# **Money Saving Tips**

- \$ Use a Caremark participating retail pharmacy. Remember, if you use a non-participating retail pharmacy, you will pay full price for each prescription. You will then need to submit the paper claim form included in this booklet, along with the original prescription receipt(s) to Caremark for reimbursement of covered expenses.
- \$ Ask for generics. By law, both brand name medicines and generic medicines must meet the same standards for quality, strength, safety, performance and intended use.
- \$ Remind your doctor to write an appropriate day supply, when clinically suitable, for maintenance medicines that are purchased through the Caremark Mail Service Program. By law, Caremark must fill your prescription for the exact quantity of medicine that your doctor prescribes.

## **About Generics**

Generic medicines are always a preferred choice when available. Not only are they more cost effective than brand name medicines, they are approved by the Food and Drug Administration (FDA) which means that generics must have the same quality, strength, purity and performance as their brand name counterparts. In fact, the Caremark Mail Service Program has a program where, when allowed by your doctor and applicable, a generic equivalent medicine is substituted for the brand name medicine, in accordance with your plan design. Your pharmacist knows that today's generic medicines have been thoroughly researched and tested to meet the same high standards set by the FDA for brand name medicines.

At Caremark, our goal is to provide high quality pharmaceutical care that is economical for plan sponsors and plan participants. Effective ways to control costs are through the use of generic medicines and the Caremark Primary Drug List. Ask your doctor to authorize generic substitution when medically appropriate. When there is no generic available, there may be more than one brand name medicine to treat your condition. The brand name medicines listed in this brochure are a selected list of preferred medicines that are clinically appropriate and cost-effective to meet individual needs.

Ask your doctor to consider prescribing a brand name medicine on the Caremark Primary Drug List when there is no generic available or more than one brand name medicine available. We recommend bringing the Primary Drug List with you when you or a family member sees a doctor.

#### Please Note:

- Your specific prescription benefit plan design may not cover certain categories, regardless of their appearance in this document.
- For specific information regarding your prescription benefit coverage, please refer to your benefit package, contact a Caremark Customer Care representative or register and log in at www.caremark.com. To check coverage and co-payments for a specific medicine, log in to www.caremark.com.
- Caremark may contact your doctor after receiving your prescription to request consideration of a drug list product or generic equivalent. This may result in your doctor prescribing a different brand name product or generic in place of your original prescription.

### Information for Your Doctor:

- Healthcare providers may direct questions about the Caremark Primary Drug List to a Caremark pharmacist on our resource line toll-free at 1-800-282-2229.
- The drug list is not inclusive nor does it guarantee coverage, but represents a summary of prescription coverage.
- Unless specifically indicated, drug list products will include all dosage forms.

## Your Caremark Primary Drug List As Of January 2005

### **ANALGESIC**

§ NSAIDs **MOBIC** 

**COX-2 INHIBITORS** 

**BFXTRA CELEBREX** 

§ NARCOTIC ANALGESIC

**MAXIDONE** 

§ NARCOTIC ANALGESICS.

CII **AVINZA DURAGESIC** MSIR **OXYCONTIN OXYFAST OXYIR** 

### ANTI-INFECTIVE

ANTIBACTERIALS

§ CEPHALOSPORIN **OMNICEF** § ERYTHROMYCINS/ MACROLIDES

BIAXIN BIAXIN XL **ZITHROMAX** 

§ FLUOROQUINOLONES

**AVELOX** CIPRO SUSPENSION CIPRO XR

**LEVAQUIN** § PENICILLINS AUGMENTIN AUGMENTIN ES AUGMENTIN XR

§ TETRACYCLINE **PERIOSTAT** 

§ ANTIFUNGALS

LAMISIL TABLET MYCELEX TROCHE ANTIRETROVIRALS

**FUSION INHIBITOR FUZEON** 

**NON-NUCLEOSIDE** REVERSE-TRANSCRIPTASE

**INHIBITORS** RESCRIPTOR **SUSTIVA** VIRAMUNE

NUCLEOSIDE REVERSE-TRANSCRIPTASE

INHIBITORS **EMTRIVA EPIVIR** 

HIVID RETROVIR VIDEX VIDEX EC ZERIT

ZIAGEN NUCLEOSIDE

REVERSE-TRANSCRIPTASE INHIBITOR COMBINATIONS

**COMBIVIR TRIZIVIR** NUCLEOTIDE

REVERSE-TRANSCRIPTASE INHIBITOR

VIREAD

PROTEASE INHIBITORS

**AGENERASE** CRIXIVAN **FORTOVASE** INVIRASE KALETRA LEXIVA NORVIR REYATAZ VIRACEPT

**ANTIVIRALS** 

§ CYTOMEGALOVIRUS AGENT

VALCYTE

§ HEPATITIS AGENTS COPEGUS EPIVIR-HBV

§ Generics are available in this class and should be considered as the first line of prescribing

**HEPSERA** REBETOL

§ HERPES AGENTS **FAMVIR** 

**VALTREX** 

§ INFLUENZA AGENT TAMIFI U

## **ANTINEOPLASTIC**

**ALKYLATING AGENTS** 

**ALKERAN** CEENU LEUKERAN MYLERAN **TEMODAR** 

**ANTIMETABOLITES** 

**THIOGUANINE XELODA** 

MISCELLANEOUS AGENTS

**HEXALEN** LYSODREN MATULANE TARGRETIN CAP **VESANOID** 

TYROSINE KINASE INHIBITORS

**GLEEVEC IRESSA** 

HORMONAL ANTINEOPLASTIC **AGENTS** 

**ANTIANDROGEN CASODEX ANTIESTROGENS FARESTON FASLODEX** 

AROMATASE INHIBITORS **ARIMIDEX AROMASIN** 

FEMARA **LUTEINIZING HORMONE-RELEASING HORMONE** (LHRH) AGONISTS

LUPRON DEPOT **TRELSTAR** ZOLADEX

## Your Caremark Primary Drug List As Of January 2005

### CARDIOVASCULAR

§ ACE INHIBITORS

**ACCUPRIL** ALTACE

ACE INHIBITOR/ CALCIUM CHANNEL **BLOCKERS** 

LOTREL **TARKA** 

§ ADRENOLYTIC, CENTRAL

**CATAPRES-TTS** 

ANGIOTENSIN II **RECEPTOR ANTAGONISTS** 

**AVAPRO** COZAAR

ANGIOTENSIN II RECEPTOR **ANTAGONIST** COMBINATIONS

**AVALIDE** HYZAAR

**ANTIARRHYTHMIC** 

TIKOSYN

**ANTILIPEMICS** 

§ BILE ACID RESIN WELCHOL CHOLESTEROL

**ABSORPTION INHIBITOR** ZETIA

§ FIBRATE TRICOR

§ HMG-CoA REDUCTASE

INHIBITORS **CRESTOR** LIPITOR PRAVACHOL NIACIN NIASPAN

§ BETA-BLOCKERS

COREG TOPROL-XL § CALCIUM CHANNEL BLOCKERS

CARDIZEM LA **NORVASC** VERELAN PM

§ DIGITALIS GLYCOSIDE

LANOXIN PED ELIXIR

**ENDOTHELIN RECEPTOR ANTAGONIST TRACLEER** 

**NITRATES** 

**SUBLINGUAL NITROLINGUAL** § TRANSDERMAL NITRO-DUR

#### **CENTRAL NERVOUS SYSTEM**

§ ANTICONVULSANTS

CARBATROL **DEPAKOTE** DEPAKOTE ER DILANTIN **GABITRIL** KEPPRA LAMICTAL **NEURONTIN** TEGRETOL XR **TOPAMAX** TRILEPTAL ZONEGRAN

**ANTIDEMENTIA** 

ARICEPT **EXELON** NAMENDA REMINYL

**PARNATE** 

**ANTIDEPRESSANTS** 

§ MISCELLANEOUS AGENT WELLBUTRIN XL MONOAMINE OXIDASE **INHIBITORS (MAOIs)** NARDIL

§ SELECTIVE SEROTONIN **REUPTAKE INHIBITORS** (SSRIs) LEXAPRO PAXIL CR

ZOLOFT SELECTIVE SEROTONIN/ NOREPINEPHRINE REUPTAKE INHIBITORS

(SNRIs)\*\* **EFFEXOR** EFFEXOR XR

§ ANTIPARKINSONIAN

COMTAN MIRAPEX REQUIP STALEVO

ANTIPSYCHOTICS

**ABILIFY** RISPERDAL SEROQUEL ZYPREXA

§ ATTENTION DEFICIT **HYPERACTIVITY** DISORDER/NARCOLEPSY

ADDERALL XR CONCERTA METADATE CD PROVIGIL RITALIN LA STRATTERA

HYPNOTIC, NON-BENZODIAZEPINE **AMBIEN** 

MIGRAINE

SELECTIVE SEROTONIN **AGONISTS** 

**IMITREX** RELPAX ZOMIG

§ Generics are available in this class and should be considered as the first line of prescribing.

\*\* Indicates the proposed mechanism of action, based on the American Psychiatric Association

Summary of Treatment Recommendations.

## Your Caremark Primary Drug List As Of January 2005

#### MULTIPLE SCLEROSIS AGENTS COPAXONE

§ MUSCULOSKELETAL THERAPY AGENT

REBIF

SKELAXIN

# ENDOCRINE AND METABOLIC

ANDROGENS ANDRODERM ANDROGEL

#### **ANTIDIABETICS**

ALPHA-GLUCOSIDASE INHIBITOR PRECOSE § BIGUANIDE GLUCOPHAGE XR INSULINS HUMALOG HUMULIN LANTUS NOVOLIN NOVOLOG

INSULIN SENSITIZERS

ACTOS AVANDIA INSULIN

SENSITIZER/BIGUANIDE COMBINATION

AVANDAMET MEGLITINIDE PRANDIN

§ SULFONYLUREA AMARYL

SUPPLIES
ACCU-CHEK STRIPS & KITS†
BD INSULIN SYRINGES
ONETOUCH STRIPS & KITS

#### **BISPHOSPHONATES**

ACTONEL FOSAMAX

### CONTRACEPTIVES

§ MONOPHASIC LEVLEN LEVLITE MODICON ORTHO-CEPT

ORTHO-CYCLEN
ORTHO-NOVUM 1/35, 1/50

YASMIN § BIPHASIC MIRCETTE

ORTHO-NOVUM 10/11 § TRIPHASIC CYCLESSA

ESTROSTEP FE ORTHO-NOVUM 7/7/7 ORTHO TRI-CYCLEN ORTHO TRI-CYCLEN LO

TRI-LEVLEN
EXTENDED CYCLE

SEASONALE § PROGESTIN ONLY ORTHO MICRONOR TRANSDERMAL

ORTHO EVRA VAGINAL NUVARING

## **ESTROGENS**

§ ORAL CENESTIN PREMARIN

TRANSDERMAL, ESTROGEN

CLIMARA ORAL

ESTROGEN/PROGESTIN

FEMHRT PREFEST PREMPHASE PREMPRO

VAGINAL ESTRACE VAGINAL CREAM

#### FERTILITY REGULATORS

ANTAGON CETROTIDE FOLLISTIM AQ GONAL-F OVIDREL PERGONAL

## § GLUCOCORTICOID

ORAPRED

#### HUMAN GROWTH HORMONES

GENOTROPIN HUMATROPE NORDITROPIN NUTROPIN NUTROPIN AQ PROTROPIN SAIZEN

## § PROGESTIN

PROMETRIUM

### SELECTIVE ESTROGEN RECEPTOR MODULATOR EVISTA

§ THYROID SUPPLEMENT SYNTHROID

## GASTROINTESTINAL

§ ANTIEMETIC KYTRIL ORAL MARINOL

TRANSDERM SCOP

ANTIOBESITY – FAT ABSORPTION DECREASING

**AGENT** XENICAL

§ ANTISPASMODIC

NULEV

§ CHOLELITHOLYTIC

URSO

INFLAMMATORY BOWEL

DISEASE § ORAL AGENTS ASACOL

PENTASA § RECTAL AGENTS

CANASA CORTIFOAM ROWASA

# <sup>†</sup> An Accu-Chek blood glucose meter will be provided at no charge by the manufacturer to those individuals currently using a meter other than Accu-Chek. For information on how to obtain a blood glucose meter, call toll-free 1-800-588-4456.

## Your Caremark Primary Drug List As Of January 2005

# § LAXATIVES KRISTALOSE

MIRALAX

### PANCREATIC ENZYMES

CREON
ULTRASE
ULTRASE MT
VIOKASE

# § PROTON PUMP INHIBITORS

NEXIUM PREVACID

## PROTON PUMP INHIBITOR WITH ANTI-INFECTIVE

PREVPAC

## § RECTAL STEROID

PROCTOFOAM-HC

### SALIVA STIMULANT

**EVOXAC** 

#### GENITOURINARY

## BENIGN PROSTATIC HYPERPLASIA

FLOMAX PROSCAR

## ERECTILE DYSFUNCTION

PHOSPHODIESTERASE INHIBITORS CIALIS LEVITRA VIAGRA ALPROSTADIL AGENT

## § URINARY ANTISPASMODICS

DETROL LA
DITROPAN XL
OXYTROL

MUSE

## HEMATOLOGIC

## § ANTICOAGULANT

PLATELET AGGREGATION INHIBITORS

AGGRENOX PLAVIX

# PLATELET SYNTHESIS INHIBITOR

AGRYLIN

## IMMUNOLOGIC

#### **IMMUNOMODULATORS**

INTERFERONS
INTRON A
PEG-INTRON
PEGASYS
INTERFERON/ANTIVIRAL
COMBINATION
REBETRON

## IMMUNOSUPPRESSANTS

ANTIMETABOLITES
AZASAN
CELLCEPT
CALCINEURIN INHIBITORS
NEORAL
PROGRAF
SANDIMMUNE
RAPAMYCIN DERIVATIVE

### NUTRITIONAL

# FOLIC ACID COMBINATION

§ PRENATAL VITAMIN PRENATE ELITE

**RAPAMUNE** 

#### RESPIRATORY

# ANAPHYLAXIS TREATMENT AGENTS

EPIPEN EPIPEN JR

#### § ANTICHOLINERGICS ATROVENT ORAL INHALER

SPIRIVA

### ANTICHOLINERGIC/ BETA AGONIST

COMBIVENT DUONEB

# ANTIHISTAMINE, LOW SEDATING

ZYRTEC\*

#### ANTIHISTAMINE, NONSEDATING ALLEGRA\*

ANTIHISTAMINE/ DECONGESTANTS

ALLEGRA-D\* ZYRTEC-D 12 HOUR\*

## § BETA AGONISTS

ACCUNEB FORADIL PROVENTIL HFA SEREVENT XOPENEX

#### § DECONGESTANT/ EXPECTORANT

ENTEX PSE

#### LEUKOTRIENE RECEPTOR ANTAGONIST

SINGULAIR

#### § NARCOTIC ANTITUSSIVE/ ANTIHISTAMINE TUSSIONEX

Your doctor's questions about this drug list may be answered by a Caremark pharmacist on our resource line toll-free at 1-800-282-2229.

Log in to www.caremark.com to view the current drug list.

<sup>§</sup> Generics are available in this class and should be considered as the first line of prescribing.

<sup>\*</sup> Higher co-payments may apply depending on the plan participant's specific prescription benefit plan. To find the co-payment under a specific plan, log in to www.caremark.com.

<sup>§</sup> Generics are available in this class and should be considered as the first line of prescribing.

## Your Caremark Primary Drug List As Of January 2005

#### NASAL ANTIHISTAMINE ASTELIN

### § NASAL STEROIDS

FLONASE NASACORT AQ NASONEX RHINOCORT AQUA

# STEROID/BETA AGONIST COMBINATION

ADVAIR

#### STEROID INHALANTS

FLOVENT PULMICORT

#### § XANTHINE

THEO-24

## TOPICAL

## DERMATOLOGY

§ ACNE
BENZACLIN
DIFFERIN
DUAC
RETIN-A MICRO
§ ACTINIC KERATOSIS
CARAC
§ ANTIBIOTICS
BACTROBAN
BACTROBAN NASAL
§ ANTIFUNGALS
LOPROX
MENTAX

DOVONEX TAZORAC IMMUNOMODULATORS

ELIDEL PROTOPIC

ANTIPSORIATIC

§ LOCAL ANALGESIC LIDODERM

§ ROSACEA METROGEL METROLOTION § STEROIDS CORDRAN DESOWEN OINTMENT

LUXIQ OLUX

ULTRAVATE MISCELLANEOUS SKIN AND MUCOUS MEMBRANE

ALDARA CONDYLOX

#### OPHTHALMIC

§ ANTIALLERGICS

ALREX LIVOSTIN PATANOL ZADITOR

§ ANTI-INFECTIVE/ ANTI-INFLAMMATORY

TOBRADEX

§ ANTI-INFLAMMATORY,

STEROIDAL LOTEMAX

§ ANTI-INFLAMMATORY, NONSTEROIDAL

ACULAR VOLTAREN § BETA-BLOCKER, NONSELECTIVE

BETIMOL BETA-BLOCKER, SELECTIVE

BETOPTIC S

CARBONIC ANHYDRASE

INHIBITORS AZOPT TRUSOPT

CARBONIC ANHYDRASE INHIBITOR/BETA-BLOCKER

COSOPT

IMMUNOMODULATOR

**RESTASIS** 

PROSTAGLANDINS

LUMIGAN TRAVATAN

ALPHAGAN P

SYMPATHOMIMETIC

### OTIC

ANTI-INFECTIVE
FLOXIN OTIC
§ ANTI-INFECTIVE/
ANTI-INFLAMMATORY
CIPRO HC
CIPRODEX

Your doctor's questions about this drug list may be answered by a Caremark pharmacist on our resource line toll-free at 1-800-282-2229.

For the most up-to-date Primary Drug List visit **www.caremark.com** and log in.

#### § Generics are available in this class and should be considered as the first line of prescribing.

Your doctor's questions about this drug list may be answered by a Caremark pharmacist on our resource line toll-free at 1-800-282-2229.

### Log in to www.caremark.com to view the current drug list.

## Quick Reference Brand Drug List

The following is a list of brand name medications, however, generics should be considered the first line of prescribing.

Α	AVAPRO
ABILIFY	AVELOX
ACCU-CHEK STRIPS & KITS	AVINZA
ACCUNEB	AZASAN
ACCUPRIL	AZOPT

ACTONEL

ACTOS **B**ACULAR BACTROBAN

ADDERALL XR

ADVAIR

BACTROBAN NASAL

BD INSULIN SYRINGES

AGENERASE BENZACLIN
AGGRENOX BETIMOL
AGRYLIN BETOPTIC S
ALDARA BEXTRA
ALKERAN BIAXIN
ALLEGRA\* BIAXIN XL

ALLEGRA-D\*
ALPHAGAN P

ALREX CANASA
ALTACE CARAC

AMARYL CARBATROL

AMBIEN CARDIZEM LA

ANDRODERM CASODEX

CATAPRES-TTS **ANDROGEL CEENU ANTAGON CFLFBRFX ARICEPT** CELLCEPT **ARIMIDEX** CENESTIN **AROMASIN** CETROTIDE **ASACOL** CIALIS **ASTFLIN** CIPRO HC ATROVENT ORAL INHALER

AUGMENTIN CIPRO SUSPENSION

AUGMENTIN ES

AUGMENTIN XR

CIPRODEX

CIPRODEX

CLIMARA

COMBIVENT

COMBIVENT

**AVANDIA** 

<sup>\*</sup> Higher co-payments may apply depending on the plan participant's specific prescription benefit plan. To find the co-payment under a specific plan, log in to www.caremark.com.

## Quick Reference Brand Drug List

The following is a list of brand name medications, however, generics should be considered the first line of prescribing.

**COMBIVIR** 

COMTAN ESTRACE VAGINAL CREAM

CONCERTA CONDYLOX **EVISTA COPAXONE EVOXAC** COPEGUS

CORDRAN CORFG

CORTIFOAM COSOPT COUMADIN COZAAR **CREON** CRESTOR **CRIXIVAN** 

D

**CYCLESSA** 

DEPAKOTE DEPAKOTE ER DESOWEN OINTMENT DETROL

DETROL LA DIFFERIN DILANTIN DITROPAN XL DOVONEX DUAC

DUONEB DURAGESIC

**EFFEXOR** EFFEXOR XR **ELIDEL EMTRIVA ENTEX PSE EPIPEN** EPIPEN JR **EPIVIR** 

**EPIVIR-HBV** 

ESTROSTEP FE **EXELON** 

**FAMVIR FARESTON FASLODEX FEMARA FEMHRT FLOMAX FLONASE FLOVENT** FLOXIN OTIC **FOLLISTIM AQ** 

**FOLTX FORADIL FORTOVASE FOSAMAX FUZEON** 

G

**GABITRIL GENOTROPIN GLEEVEC** GLUCOPHAGE XR

**GONAL-F** 

Н

**HEPSERA** HEXALEN HIVID HUMALOG HUMATROPE HUMULIN HYZAAR

## Quick Reference Brand Drug List

The following is a list of brand name medications, however, generics should be considered the first line of prescribing.

**METROLOTION IMITREX** MIRALAX INTRON A MIRAPEX **INVIRASE** MIRCETTE **IRESSA** MOBIC MODICON

MSIR **KALETRA** MUSF

**KEPPRA** MYCELEX TROCHE **KRISTALOSE** MYLERAN

KYTRIL ORAL

Κ

LAMICTAL LAMISIL TABLET LANOXIN PED ELIXIR

LANTUS LEUKERAN LEVAQUIN **LEVITRA** LEVLEN **LEVLITE** LEXAPRO LEXIVA LIDODERM LIPITOR LIVOSTIN LOPROX LOTEMAX LOTREL LUMIGAN

LUPRON DEPOT LUXIQ

LYSODREN

M

MARINOL MATULANE **MAXIDONE MENTAX** METADATE CD **METROGEL** 

N NAMENDA NARDIL

NASACORT AQ **NASONEX NEORAL NEURONTIN** NEXIUM NIASPAN NITRO-DUR NITROLINGUAL NORDITROPIN **NORVASC NORVIR** NOVOLIN **NOVOLOG NULEV** NUTROPIN NUTROPIN AO NUVARING

0 **OLUX OMNICEF** 

**ONETOUCH STRIPS & KITS** 

**ORAPRED** ORTHO EVRA ORTHO MICRONOR ORTHO TRI-CYCLEN ORTHO TRI-CYCLEN LO

**ORTHO-CEPT** 

## Quick Reference Brand Drug List

The following is a list of brand name medications, however, generics should be considered the first line of prescribing.

ORTHO-CYCLEN ORTHO-NOVUM 1/35, 1/50 ORTHO-NOVUM 10/11 ORTHO-NOVUM 7/7/7 OVIDREL OXYCONTIN OXYFAST OXYIR OXYTROL	R RAPAMUNE REBETOL REBETRON REBIF RELPAX REMINYL REQUIP RESCRIPTOR RESTASIS
P	RETIN-A MICRO
PARNATE	RETROVIR
PATANOL	REYATAZ
PAXIL CR	RHINOCORT AQUA
PEG-INTRON	RISPERDAL
PEGASYS	ritalin la
PENTASA	ROWASA
PERGONAL	
PERIOSTAT	S
PLAVIX	SAIZEN
PRANDIN PRAVACHOL	SANDIMMUNE
PRECOSE	SEASONALE SEREVENT
PREFEST	SEROOUEL SEROOUEL
PREMARIN ORAL	SINGULAIR
PREMPHASE	SKELAXIN
PREMPRO	SPIRIVA
PRENATE ELITE	STALEVO
PREVACID	STRATTERA
PREVPAC	SUSTIVA
PROCTOFOAM-HC	SYNTHROID
PROGRAF	
PROMETRIUM	T
PROSCAR	TAMIFLU
PROTOPIC	TARGRETIN CAP
PROTROPIN	TARKA
PROVENTIL HFA	TAZORAC
PROVIGIL	TEGRETOL XR

Caremark may receive rebates, discounts and service fees from pharmaceutical manufacturers for certain listed products.

**TEMODAR** 

**PULMICORT** 

## Quick Reference Brand Drug List

The following is a list of brand name medications, however, generics should be considered the first line of prescribing.

THEO-24 **THIOGUANINE** TIKOSYN **TOBRADEX TOPAMAX** TOPROL-XL TRACLEER TRANSDERM SCOP **TRAVATAN TRELSTAR** TRICOR TRI-LEVLEN TRILEPTAL TRIZIVIR TRUSOPT TUSSIONEX U ULTRASE

**ULTRASE MT** ULTRAVATE **URSO** 

VALCYTE **VALTREX** VERELAN PM VESANOID **VIAGRA** VIDEX VIDEX EC VIOKASE VIRACEPT **VIRAMUNE VIREAD** 

**VOLTAREN OPHTH** 

W

WELCHOL WELLBUTRIN XL

Χ XELODA **XENICAL** 

**XOPENEX** 

**YASMIN** 

**ZADITOR** ZERIT ZETIA ZIAGEN **ZITHROMAX** 

ZOLADEX ZOLOFT ZOMIG **ZONEGRAN** ZYPREXA ZYRTEC<sup>2</sup>

ZYRTEC-D 12 HOUR

The Caremark Primary Drug List contains prescription brand name medicines that are registered or trademarks of pharmaceutical manufacturers that are not affiliated with Caremark Inc. Listed products are for informational purposes only and are not intended to replace the clinical judgment of the prescriber.

<sup>\*</sup> Higher co-payments may apply depending on the plan participant's specific prescription benefit plan. To find the co-payment under a specific plan, log in to www.caremark.com.

# Prescription Drug Claim Form



## **Each Pharmacy Receipt Must Show:**

- Participant Name
- Prescription Number
- Pharmacy Name and Address or NABP Number
- Drug Name/Strength or NDC Number
- Metric Quantity/Days SupplyDispense as written (DAW), if applicable
- Doctor's Name or DEA Number
- Purchase Date
- Total Charge

The submission of this claim form, for you or any of your dependents, authorizes the release of all information to applicable health care providers and all others involved in filling the prescriptions or processing the claims submitted.

CARD HOLDER INFORMATION	PARTICIPANT INFORMATION
Primary Participant ID# (REQUIRED)  Company Employee Number (if appropriate)  Plan Sponsor  Last Name  First Name  Middle Initial  Mailing Address – Street  Apt.  City  State  Zip Code	Cuse a separate claim form for each covered member of the family
Please include all ORIGINAL PRESCR Please do not use this form for	
CERTIFICATION I certify that the information on this claim form is correct. I also certify that the participa listed are not for treatment of an occupational injury or disease for which the Employer	
THIS FORM MUST BE SIGNED Signature	Date

## PLEASE MAIL THIS FORM AND ALL **ORIGINAL PRESCRIPTION RECEIPTS** TO:

CAREMARK INC. ATTN: CLAIMS DEPARTMENT P.O. BOX 686005 SAN ANTONIO, TX 78268-6005



## MAIL SERVICE ORDER FORM

	Please print in <b>BLUE</b> or <b>BLACK INK</b> numbers and letters as shown in the example to the right: 1 2 3 4 A 6 C	<b>N</b>
Order refills and verify benefit information		ט
www.caremark.com or call Caremark at:	at	
1-866-240-4926		
STEP 1 – ORDER SUMMARY		
New Refill Total	MAIL THIS FORM TO:	
How many prescriptions? +==	CAREMARK PO BOX 659529	
Primary Participant Information	SAN ANTONIO, TX 78265-9529	
	Please fold form here to ensure Caremark address shows through	
	Complete below if the information to the left is incorrect or incomplete	
Di Dii IDN I	Primary Participant ID (required if not shown to the left)	
Primary Participant ID Number:		
Diag Carrage	Plan Sponsor or company name	
Plan Sponsor:		
OTER A ADDRESS (O. v. data ONII)	VIE DIFFERENT throat the information when a	
, ,	Y IF DIFFERENT than the information above)	
STEP 2 – ADDRESS (Complete ONL)  Last Name	Y IF DIFFERENT than the information above)  First Name  MI Suffix (Sr, C	Jr)
, ,	First Name MI Suffix (Sr, C	Jr)
Last Name		Jr)
Last Name	First Name MI Suffix (Sr, Snumber	Jr)
Last Name Street Address	First Name MI Suffix (Sr, Control Number Apt. Suite	lr)
Last Name Street Address City	First Name MI Suffix (Sr, Control Number Apt. Suite	Jr)
Last Name Street Address City	First Name MI Suffix (Sr, Control of the Control of	lr)
Last Name Street Address City This is a one time address or perm	First Name MI Suffix (Sr, Some Number Apt. Suite State Zip Code Daytime phone #:	Jr)
Last Name Street Address City This is a one time address or perm Email address:  STEP 3 – METHOD OF PAYMENT (	First Name MI Suffix (Sr, Suffix (Sr, Suite Number Apt. Suite State Zip Code Daytime phone #:	lr)
Last Name Street Address City This is a one time address or perm Email address:  STEP 3 – METHOD OF PAYMENT (	First Name  Number  Apt. Suite  State Zip Code  nanent address  Daytime phone #:  Evening phone #:  Daytime phone #:  Total payment enclosed: (excluding credit card payments)  Total payments)	
Last Name Street Address City This is a one time address or perm Email address:  STEP 3 – METHOD OF PAYMENT ( Please make check or money order	First Name  Number  Apt. Suite  State Zip Code  nanent address  Daytime phone #:  Evening phone #:  Complete if applicable)  payable to Caremark Inc. (Include ID# on all checks and money orders)  Total payment enclosed: (excluding credit card payments)  By checking the box below you are designating to	ne
Last Name  Street Address  City  This is a one time address or perm  Email address:  STEP 3 – METHOD OF PAYMENT (  Please make check or money order  Check Money Order or Cashie	First Name  Number  Apt. Suite  State Zip Code  Daytime phone #:	ne
Last Name  Street Address  City  This is a one time address or perm  Email address:  STEP 3 – METHOD OF PAYMENT (  Please make check or money order  Check Money Order or Cashie	Number  Number  Apt. Suite  State Zip Code  Parament address  Daytime phone #:	ne File e eiit

**Important Information:** Unless otherwise directed, all prescriptions received on a single order or in a single envelope will be shipped together in one package.

Please turn over to provide your prescription information.

STEP 4 – PRESCRIPTION INFORMATION		
Participant 1 Information: Gender: M	F Date of Birth: MM-DD-YYYY	
Last Name	First Name MI Suffix (Sr, Jr)	
Alternate Name (Nickname)		
Participar	t is enrolled, process eligible Rx's through Medicare (check here)	
Check boxes below ON	LY if not previously reported.	
	losporin [8] Health Conditions: Heart Condition [429]	
	omycin [72] Arthritis [716.9] High Blood Pressure [401]	
	Ilin [31]       Asthma [493]       High Cholesterol [272.4]         amides/Sulfa [40]       Diabetes [250]       Migraine [346.9]	
Dependent Codelile [37] Codelile [37]	GERD [530.11] Osteoporosis [733]	
Full Time Other Other	Glaucoma [365] Prostate Disorders [601]	
	Thyroid [246]	
PLEASE INCLUDE EASY-OPEN CAPS (All orders are shipped		
Doctor / Prescriber's Last Name Doctor / Pre	scriber's First Name Doctor / Prescriber's Telephone #	
Participant 2 Information: Gender: M	F Date of Birth: MM-DD-YYYY	
Last Name	First Name MI Suffix (Sr, Jr)	
Alternate Name (Nickname)		
Participar	t is enrolled, process eligible Rx's through Medicare (check here)	
Check boxes below ON	LY if not previously reported.	
Relationship to participant: Drug Allergies: Cepha	losporin [8] Health Conditions: Heart Condition [429]	
	omycin [72] Arthritis [716.9] High Blood Pressure [401]	
	Ilin [31] Asthma [493] High Cholesterol [272.4]	
Sponsored Widowed Codeine [97] Sulfon Dependent	amides/Sulfa [40]	
Full Time Other Other	Glaucoma [365] Prostate Disorders [601]	
Student	Thyroid [246]	
PLEASE INCLUDE EASY-OPEN CAPS (All orders are shipped with safety caps)  Other		
Doctor / Prescriber's Last Name Doctor / Prescriber's First Name Doctor / Prescriber's Telephone #		
STEP 5 - REFILL INFORMATION If space is needed for addition	nal refill labels, apply to a Refill Order Continuation Form and enclose it with this order	
Apply Caremark Refill Label here	Apply Caremark Refill Label here	
or	or	
write prescription number above	write prescription number above	
	' '	
Apply Caremark Refill Label here	Apply Caremark Refill Label here	
or	or	
write prescription number above	write prescription number above	
	1	



By submitting this completed form to Caremark, you acknowledge that your and/or your dependents' eligibility to participate under the prescription benefit administered by Caremark is subject to verification by the Plan and that you and/or your dependents do not have primary prescription coverage under any other group Plan.



# **Prescription Benefits At-A-Glance**

Your prescription benefit will be administered by Caremark Inc.

The information below is a brief synopsis of your prescription benefits as well as some frequently asked questions about the Caremark prescription benefit program. The program is easy to use and will save you money. On behalf of Caremark and *Montgomery County*, we feel confident you will find value in your prescription benefit program.

	RETAIL	MAIL SERVICE
WHEN:	For immediate medicine needs or short-term medicines	For maintenance or long-term medicines
WHERE:	At over 57,000 Caremark participating retail pharmacies nationwide, including 20,000 independent community pharmacies. To locate a Caremark participating retail pharmacy in your area, simply access the Pharmacy Locator at www.caremark.com or call Caremark Customer Care toll-free at 1-866-240-4926.	Simply mail your original prescription along with the mail service order form to Caremark and your medicines will be sent directly to your home.
HIGH OPTION YOU PAY:	<ul> <li>\$4 for each generic prescription</li> <li>\$8 for each brand name prescription</li> <li>\$4 for each brand name prescription with no generic available</li> </ul>	<ul> <li>\$4 for each generic prescription</li> <li>\$8 for each brand name prescription</li> <li>\$4 for each brand name prescription with no generic available</li> </ul>
STANDARD OPTION YOU PAY:	<ul> <li>\$10 for each generic prescription</li> <li>\$20 for each brand name prescription on the primary drug list</li> <li>\$35 for each brand name prescription not on the primary drug list</li> </ul>	<ul> <li>\$10 for each generic prescription</li> <li>\$20 for each brand name prescription on the primary drug list</li> <li>\$35 for each brand name prescription not on the primary drug list</li> </ul>
STANDARD OPTION ANNUAL DEDUCTIBLE:	\$50 per individual \$50 maximum per family	
DAY SUPPLY LIMIT:	34-day supply	102-day supply
CAREMARK CUSTOMER CARE:	1-866-240-4926 or www.caremark.com	

# **Caremark Specialty Pharmacy Services**

## Let Caremark help you manage your treatment

Caremark has been a biotech pharmacy leader for over 24 years. Caremark provides 24-hour access to specialty pharmacy services at no additional cost to you, and will coordinate the delivery of specialty medicines directly to your home.

# Call toll-free at 1-800-237-2767 or visit www.caremark.com to verify your coverage of medicines for:

- Asthma
- Crohn's Disease
- Enzyme Replacement
- Gaucher's Disease
- Growth Hormone Disorders
- Hematopoietics
- Hemophilia, von Willebrand Disease & related bleeding disorders
- Hepatitis C
- Immune Deficiencies
- Multiple Sclerosis
- Oncology
- Pulmonary Arterial Hypertension
- Pulmonary Disease
- Respiratory Syncytial Virus (RSV)
- Rheumatoid and Osteoarthritis Hormonal Therapy

# Caremark provides comprehensive services for your specialty pharmacy needs:

- Delivery of time-sensitive, temperature-controlled pharmaceuticals to your home
- Nationwide network of 23 specialty pharmacies 18 of which are accredited by the Joint Commission on Accreditation of Healthcare Organization (JCAHO) and the rest persuing accreditation
- Pharmacist-led clinical services including education and calls to offer counseling
- Assistance in coordinating injection training
- Access to emergency pharmacist consultation 24-hours a day, 365 days a year
- Refill order convenience 24-hours a day, 365 days a year



# **Have More Questions?**

Three easy ways to contact Caremark:

## 1. INTERNET www.caremark.com



Caremark.com is a hassle free, round-the-clock way to order refill prescriptions, check order status and get important medicine information. Visit **www.caremark.com** for the following:

- Prescription Refills
- Order Status
- Pharmacy Locations
- Benefit Coverage
- Request Forms
- Frequently Asked Questions
- 13-Month Medicine History
- Additional Health Information

To enter the site you will be required to register and log in.

## 2. AUTOMATED PHONE SYSTEM



Call Caremark toll-free at 1-866-240-4926 for the fully automated refill phone service.

## When you CALL or LOG IN, be ready to provide:

- Plan participant's ID number provided by your plan
- Plan participant's date of birth
- Your Visa®, Discover®, MasterCard®, or American Express® number with expiration date, if your plan requires a co-payment

## 3. CUSTOMER CONTACT SERVICES





Montgomery County Government Executive Office Building 101 Monroe Street Rockville, MD 20850-2540

## **Important Prescription Benefit Information Enclosed**

Participant's Address Gets Printed Here



BIN # 610029
Plan Code CRK
Group Code MCGRX
Issuer (80840)

ID \_\_\_\_\_

Name John Q. Sample

Present this card to any participating retail pharmacy to obtain your short-term supply of medicine. When you ask for a generic medicine, you get the equivalent to the brand name FDA-approved medicine and could save money. Count on Generics<sup>SM</sup> and save! For additional pharmacies go to www.caremark.com or contact a Caremark Customer Care representative.

## Customer Care: 1-866-240-4926

Submit Claims to:

Caremark Claims Department P.O. Box 686005 San Antonio. TX 78268-6005